

Day _____

Top Three Priorities

1. _____
2. _____
3. _____

Daily:

- Morning Chores
- Vitamins
- Afternoon Chores
- Evening Chores

FITNESS:



Water 1 2 3 4 5 6 7 8

Dinner:

To Do List:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

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FITNESS:



Water 1 2 3 4 5 6 7 8

Dinner:

To Do List:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

Daily Schedule

6:00 am
6:30 am
7:00 am
7:30 am
8:00 am
8:30 am
9:00 am
9:30 am
10:00 am
10:30 am
11:00 am
11:30 am
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11:00 pm

Daily Chores

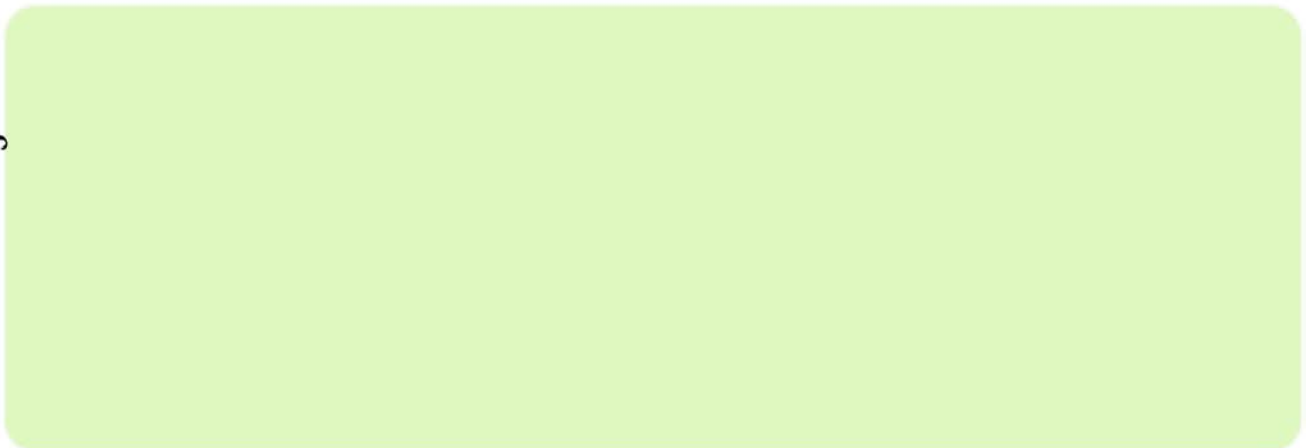
Morning



Afternoon



Evening



Projects by Month

January

February

March

April

May

June

July

August

September

October

November

December

Weekly Routine

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning							
Afternoon							
Evening							

Room Cleaning Checklist: _____

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Weekly Meal Plan

	Breakfast	Lunch	Dinner
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			
Saturday			
Sunday			